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CONTINENT  
MBA - 2010

DMF GUIDE TO:



**SHANGHAI**

上海

# DMF Guide to the Shanghai Residency

## Airport, Arrival and Transfer

### **Pudong International Airport**

Pudong is one of China's busiest airports and currently has 2 working terminals, with walkways connecting them to each other. It's a world class airport by any standard, but is lacking in duty free shopping options. If you see any bottle of hard liquor for sale, buy it. It will be a good deal.

Upon exiting your plane, you should be out of the airport within 30 minutes. Make sure to get your Arrival Card from your flight crew and fill it up before heading to Immigration. Once out, you have a number of options for travel to the city.

### **Taxis**

Taxis in Shanghai are plentiful, and safe, but a relatively expensive option. There are taxi stands on both Terminals 1 and 2. Taxis at Terminal 1 are plentiful but the queues are longer. Terminal 2 usually has no taxis and you will have to hang around a few minutes, but wait times are usually minimal.

Cost to JW Marriot: Daytime, approx 200RMB. Evening, approx 270RMB.

Travel Time: Approx 60 mins.

### **Buses**

Long distance buses to and from Pudong International are available from 0700 to 2300hrs. Signs for the bus terminals are clearly marked in English. Buses are prompt and leave every 15 to 25 minutes, depending on the time of day.

Take the bus at Terminal 1, because by time they reach Terminal 2 most seats will already be full. The same goes for the baggage area.

Take bus line Number 2 from the Airport to Jing'An Temple. From Jing'An Temple, grab a taxi and head for the hotel.

Cost to JW Marriot: 22RMB for the bus, 12-18RMB for the taxi

Travel Time: Approx 90 mins.

### **Maglev**

If you want to feel just how fast life in this city can get, get on the Maglev, it's a must for culchies and other first-timers. Some tour groups actually arrange for tourists to take this to and from the city as part of their day trip. At top speed, the train takes around 7 minutes to shuttle between Pudong Airport and LongYang Lu Station, a distance of about 30KM.

The Maglev service is open from 0700 to 2130hrs. From Pudong airport, walk over to the Maglev station and present your plane ticket/itinerary printout to get the discounted ticket. It only has one stop, so exit when everyone else does; you'll be at Long Yang Lu Station.

Long Yang Lu is on Metro Line 2, the Green Line. Buy a ticket to People's Square on Metro Line 2. The hotel is a stone's throw away from Exit 10 on People's Square.

The process sounds a bit complicated, but if you can get through this on your own with luggage in tow, then you're pretty much set to survive the city.

You can also get a taxi from Long Yang to the hotel if you wanted to. That's much easier, but less fun.

Cost: 40RMB for the discounted Maglev Ticket, 5RMB for the Metro Ticket

Travel Time: Approx 35 mins.

### **Weather**

April weather in Shanghai is about as close to perfect as you can get. There's the occasional rain shower, but they usually don't last long and can leave a fresher breathe of air, in what can sometimes be a very smoggy city.

Average temperatures hover around 20degC during the daytime, and 12degC during evenings, so it can get quite chilly. Bring comfortable, weather-appropriate clothing.

Umbrella vendors pop up out of nowhere during drizzle periods, and sell low quality brollies for 10RMB. If you end up buying one, they should last you the whole residency period.

# Getting Around

## Walking

Shanghai has some rather nice, tree-shaded sidewalks and it's a pleasure to walk around the city. Some areas, such as the French Concession, with its rows of boutiques and shops, were built with walking in mind. Some areas, such as Old Shanghai have tons of small stores and food stands, and will be quite an adventure as pedestrian traffic usually spills over to oncoming traffic.

Cars are slow in those areas, though, and fatalities are rare.

## Taxis

As mentioned, taxis are everywhere, but they can get quite expensive; the evening charges in Shanghai are at the same level as morning charges in Manhattan. Regardless, taxis are metered and very safe. Even a lone woman, blind drunk at 4AM can be shovel herself into a taxi with nothing to worry about except giving directions to the cabbie.

All cabbies have their own city-license, and you can cross check it against the automatically printed receipts. If you forget anything in the cab, or think that you've been taken for a ride you can call the following numbers:

City Wide General Complaints Number: 021-63232150

Dazhong: 021-96822

Qiangsheng: 021-62580000

Jinjiang: 021-96961

Bashi: 021-96840

Haibo: 021-96965

Above listed company numbers can also be used to book taxis in advance. Jinjiang has a van service for up to 10 people, and is only a few kuai more expensive than regular taxis.

Daytime charges are 12RMB for the first 3KM, and an additional 2.4RMB for each succeeding KM, until you hit 10KM total. After that, it's 3.6RMB per KM. Evening charges are 16RMB for the first 3KM, with the succeeding charges coming in at 3.1RMB and 4.1RMB.

## Metro

The Shanghai underground system has gone through a massive overhaul in the last 2 years. From just 2 lines, the city-government has invested billions of rumbas and has extended it to 12 lines, covering most of the city.

The JW Marriot is located a very short walk away from People's Square, which is the city's central subway hub. From there you can get on Lines 1 (Red Line), 2 (Green Line) and 8 (Blue Line), and most points of interest.

Rush hour is always a treat, with 20 million people crammed into the same metal tube as you are, your notions of personal space can be tested to their limits. And as if the natural physical limits of area and volume could not be reached, the city now hires Subway Crammers to push you in through the car doors to ensure that everyone is in.

One favorite past-time is getting off Line 1 at People's Square to bodily force my way through those who disregard the a throng of people, 6 rows deep.

Ticket prices start at 3RMB.

### **Buses**

The Shanghai bus system is something that you probably won't be using, but it's very efficient with multiple bus routes plying most major thoroughfares.

This would be a great way to travel, but unfortunately signs and stops are all in Chinese and it would be quite easy for first-time riders to get lost or miss their stop.

However, for those more intrepid business leaders of the future, here are some invaluable resources for traversing what would otherwise be impossible:

Shanghai Bus Routes in English - <http://msittig.wubi.org/bus/>

iPhone App - <http://catchyourbus.com/>

Ticket prices start at 2RMB

### **Motorbikes**

Shanghai also has a fleet of two-wheeled transport options. Strap on a helmet, straddle the back seat and get going. This is very fast, convenient way of getting around town as you can normally zigzag your way through rush hour traffic and go through smaller alleyways and private compounds that are otherwise inaccessible from a car.

On top of that, it's also quite fun to race other people back to your hotel at 3 in the morning.

Be careful though, as you do run the risk of getting gouged for prices, so set a price before getting on. Trips start at 5RMB.

# Around and About

## **Dong Tai Lu Antiques Market**

Don't expect get lucky on just any old antiques here, most of the items for sale in this old row of houses is about as ancient as your iPod. But whatever communist kitsch or knick knack from the 1800's you find, it's sure to add a lot of character to your home or office. A few dozen open stall hawk anything from old leather suitcases, to yellowed mahjong tiles, to life sized terra cotta warriors.

Try and get some of the smaller items and sell them on eBay! And don't forget to haggle!

Location: Dong Tai Lu, by Liu He Lu, just south of Huai Hai Zhong Lu. Close to Xin Tian Di.

## **Xin Tian Di**

With a name like "New Heaven and Earth", you're better deliver! And this place does.

XTD is 2 city blocks of restored traditional tenement housing. A group of Hong Kong developers bought out the rights to this piece of land, restored the buildings and remodeled the area into a multi-purpose entertainment venue. High-end bookstores, cafes, restaurants and bars abound.

You might want to hang around outdoors, sit down and sip a slow latte, later grab a late dinner and head straight to some of the hottest nightclubs in the city.

Location: Huang Pi Nan Lu, by Huai Hai Lu. 5 minutes away from Huang Pi Lu Station, Line 1.

## **Yu Yuan (Yu Gardens)**

It's a bit of a tourist trap, but where else can you buy neon pink wigs, a life sized dancing Santa, and a French maid costume... and put them together, in public? On the upside, it does show some rather nice, well-preserved 300 year old architecture, and it's close to the Bund.

Actually, if you can work way round to Cang Bang Building, which is on 459 Fang Bang Lu, you might just get yourself some amazing finds – vintage communist clothes, hats and fabrics, qipaos, handbags and notebooks.

Location: Anren Jie, near Fuyou Lu

Lujiazui Central Business District, Pudong

Say "Shanghai" and this is probably the first thing that gets into people's minds. Big, glistening buildings. Wide, well-paved roads. The hustle, bustle and the energy of just being here. That's Pudong.

Here, not only do we have 3 of the world's Top 15 Tallest Man Made Structures, but the China headquarters of nearly all major foreign companies. Get up the highest observation deck yet built and get a bird's eye view of the world's No 1 City for the next century.

Pudong's not all buildings though, there's a nice strip of river-side restos and cafes. Stay late enough and you can snap a few panoramic pictures of the Bund while having some rather excellent food.

Location: Lujiazui, Pudong. Get off Lujiazui Station, on Line 2.

### **Waitan (The Bund)**

Just on the riverfront is a row of old, majestic buildings that, for years, symbolized Shanghai. They used to be hotels and banks, got turned into dock and government offices after the revolution, and are now being used as hotels and banks yet again. The sights are spectacular during the evening, with all the marble facades lit up, and the neon lights of Pudong in its full glory.

Come down here to have a drink (or 8) at some of the classiest, most glamorous bars you'll ever get into without having to be on the guest list.

Location: ZhongShan Lu, Waitan. Get off Nanjing East Station, on Line 2.

### **Taikang Lu, Bohemian Section**

One of the Shanghai's more progressive areas, this collection of shops, cafes and art galleries brings some character and authenticity to the city. Unlike the big project that is Xin Tian Di, a motley collection of creative types spontaneously got together and started building this place one painting at a time.

Word on the street is most of the hotspots here are illegal, unregistered businesses but the government hasn't done anything because it's just too pretty. It's a bit hard to find but it's definitely worth going to. Also... there's a reason why there's a bar there nicknamed "Jamaica".

Location: Tianzifang, 210 Taikang Lu, near Sinan Lu

### **Disc Kart Indoor Racing**

Fancy a spot of drunk driving?

This Shanghai stalwart has been bringing joy and happiness to the thronging masses by arranging for 600meters of indoor track, and the license to have what promises to be the best DUI experience of your life. Hang out at the bar area and get some Tsingtao stubbies, or go play some pool while waiting for your turn.

Go with a group. Buy 5 tickets and get 1 free. We've done the math: at 4 people to a cab, the optimal group size should be a multiple of 12.

809 Zaoyang Lu, inside Changfeng Park near Metro Line 3, Jinshajiang Lu Station

枣阳路 809 号长风公园,近地铁 3 号线金沙江路站

6222-2880, 6285-7778

### **Shi Lu Pu Fabric Market**

Bespoke suits don't come any cheaper than this. If you want any type of clothing made, using any type of fabric – any type at all! – then this is the place to go. Buy 4 or 5 pieces of your national flag from the Yu Gardens (or, if you're from a big-ish country, the 1<sup>st</sup> floor of this 3 storey market) bring them over here and have them turned into a nice suit. Perfect for Halloween or just when you're feeling ultra nationalistic. Woolen business suits, shirts, and ladies evening dresses are their specialty however.

Have a suit made (with matching cotton shirts) for about 70USD. Remember that the look and final cut all depends on you. Spend enough time on making the suit look good on you and you'll come out looking like a million bucks.

168 Dongmen Lu, near Zhonghua Lu  
东门路 168 号近中华路

### **South Bund Fabric Market**

This "other" fabric market is a very, very short cab-ride away from the first one. The suits here are more expensive, but the tailoring and attention to detail are better. You'll spend less time going back and forth, but you'll definitely have to bargain some more. Try and hit 100USD for a suit, and beg to get a shirt in there.

399 Lujiabang Lu, near Zhongshan Nan Lu  
陆家浜路 399 号近中山南路

### **Tony the Tailor**

Tony Daryanani has a long, respected career as a bespoke tailor. The first Tony the Tailor shop opened in 1977 in Hong Kong. In 2007 he opened his first shop in Shanghai, and has been making both ladies and gents look downright dashing ever since.

He's got an excellent promo on his website (<http://www.tonythetailor-sh.com/tailoring/men>) but a group of 40 or so Fuqua students should be able to make him even more excellent.

684 Changle Road (near Fumin Rd.)  
长乐路 684 号 (近富民路)  
Tel: +86-21-54036138  
Mobile: +86-13611656476



# Dining Options

## South Asian

### The Nepali Kitchen

Nice, laid back resto with Nepali knick knacks astrew. For those who went to Nepal, the cheese balls will certainly bring back old memories.

200RMB/person

No.4, Lane 819 Julu Lu, near Fumin Lu

巨鹿路 819 弄 4 号近富民路

5404-6281

### Punjabi

Decent, all you can eat North Indian food, with free flow beer. Plus, if you're lucky you get to dance around with the bartender. On stage. Oh and did we mention free flow beer?

98RMB/person

2/F, 102 Xiangyang Nan Lu, near Nanchang Lu

襄阳南路 102 号 2 楼近南昌路

6472-5464, 6472-5465

## South West Chinese

### Lost Heaven

It's a bit of a trek but the food is to die for! It's neither Thai, nor Chinese, but it's all magic. The décor is perfect for a nice evening, and the cocktails certainly help!

200RMB/person

38 Gaoyou Lu, near Fuxing Xi Lu

高邮路 38 号 近复兴西路

6433-5126

### Southern Barbarian

Worth the trouble of finding. Try some fried goat's cheese, bees, or some more conventional fare, and get the magic of Yunnanese cuisine in your belly.

100RMB/person

2/F, Area E, Ju'Roshine Life Art, 169 Jinxian Lu, Huai

Hai Zhong Lu

进贤路 169 号生活艺术空间 E 区 2 楼近茂名南路

5157-5510

## Thai

### Coconut Paradise

Very cozy, exotically decorated resto serves up some amazing Thai food. Service staff is prompt, friendly, and make you feel like you're in Thailand.

200RMB/person

38 Fumin Lu, near Julu Lu

富民路 38 号近巨鹿路

6248-1998

### Thai House

When they say "house", they actually mean someone's house. A bit hard to find, but if you've never been to Thailand, this is the closest you'll ever be.

100RMB/person

Rm.205, No.12, Lane 657 Wuding Lu, near Xikang Lu

武定路 657 弄 12 号 205 室近西康路

5169-9217

## Japanese

### Haiku by Hatsune

Chic and trendy resto frequented by equally chick and trendy clientele. This place has a great selection of awesome rolls and some of the city's freshest cuts of fish.

250RMB/person

28B Taojiang Lu, near Hengshan Lu

桃江路 28B 号近衡山路

6445-0021

### Kagure

Itadakimasu indeed! There certainly are cheaper places in Shanghai to have all you can eat sushi and tempura and all you can drink Asahi and Kirin, but this place has the best food, BY FAR.

198RMB/person

390 Shaanxi Nan Lu, near Fuxing Lu

陕西南路 390 号近复兴路

5171-9539

## Shanghainese

### The Grape

Laid-back little restaurant with great service crew and a selection of well made dishes ranging from the classic sweet and sour pork to the more exotic eel and jellyfish.

100RMB/person

5 Xinle Lu, near Xiangyang Lu

新乐路 55 号,近襄阳路

5404 0486

### Baoluo

A hole in the wall that somehow turns into a massive, cavernous resto. Not the best food in town, but it's always packed and is certainly one of the most authentic dining experiences you can get.

60RMB/person

271 Fu Min Lu, near Changle Lu

富民路 271 号近长乐路

5403 7239

## North East Chinese

### DongBei Ren

If you're not going to Beijing on this trip, you should definitely come here for at least one meal. The food is amazing. Heck, even if you do end up going to Beijing, just come here anyway.

100RMB/person

46 Fanyu Lu, near Yan'an Xi Lu

番禺路 46 号近延安西路

5230-2230

## Muslim

### Uighur Restaurant

The new location is a bit of a trek, but they still serve nice, hearty Xinjiang food, and put on a show at the same time. Order the goat, if you feel like it. Yes, a whole goat.

280 Yishan Lu, near Nandan Lu

宜山路 280 号近南丹路

6468-9198

### Feng Yuan Ting

Not so much a restaurant as it is a snack shop. Lots of these guys in the city, serving up delicious kebabs and naan bread. It just so happens that this one is close to some late night action.

246 Xiangyang Nan Lu, near Fuxing Zhong Lu

襄阳南路 246 号近复兴中路

6466-9590

### Anadolu

If you've never tried Turkish food before, then here's your chance. Start off with some crazy-delicious rolls and move on to their kebabs. After that, try some Raki.

4-7 Hengshan Lu, near Wulumuqi Nan Lu

衡山路 4-7 号近乌鲁木齐南路

5465-0977

## Chinese Street Food

### No 17 Crawfish House

Get a 6 pack from the nearest convenience store, sit down and start eating. This is not the only crawfish house in the area, but it's probably the most famous one.

40RMB/person

17 Shouning Lu, near Xizang Lu

寿宁路 17 号进西藏路

6328-0098

### Yang's Fried Dumplings

What's with this place that makes people line up for hours on end? Perfectly fashioned fried pork dumplings filled with slurpy, savory soup? Oh yeah!

20RMB/person

Wujiang Lu, by Maoming Lu, near Nanjing Lu, above the Burger King

吴江路近茂名路, 汉堡王楼上

No listed number

## Dimsum and Dumplings

### Din Tai Fung

Great little shop for great Taiwanese fare. This place serves up some of the best xiaolongbao in the city, and it has a few other delights on offer as well!

150RMB/person

2/F, Unit 11A South Block, Xintiandi, 123 Xingye Lu, 兴业路 123 弄新天地南里 6 号楼 2 楼 11A 单元  
6385-8378

### Bi Feng Tang

This chain of Cantonese eateries offers some rather nice shrimp wontons, chicken feet and other good Asian comfort food. This legendary branch is open 24/7. Perfect for midnight munchies.

50RMB/person

175 Changle Lu, near Maoming Nan Lu  
长乐路 175 号近茂名南路  
6467-0628

## World Food

### Azul

Syllabically conservative restaurant names are usually a sign of great food. Azul doesn't ruin the trend with amazingly flavorful tapas, and a good wine selection to boot.

200RMB/person

18 Dongping Lu, near Wulumuqi Lu  
东平路 18 号近乌鲁木齐路  
6433-1172

### Cantina Agave

Tacos and Tequila in Shanghai, outdoor seating and a very casual crowd. Come over to this place for authentic Mexican comfort food if you need it.

150RMB/person

291 Fumin Lu, near Changle Lu  
富民路 291 号近长乐路  
6170-1310

### The Spot

Half resto, half bar, all good. The Spot offers up good set meals from all over. Get the Asian sets, pasta dishes, or juicy burgers for a happy hour dinner. Eat slowly, you really don't want to miss the party.

150RMB/person

331 Tongren Lu, near Beijing Xi Lu  
铜仁路 331 号近北京西路  
6247-3579

## Delivery

### Sherpas

Man's savior in times of bad weather, or just pure and utter laziness. Call these men on the little orange mopeds and have Shanghai's best treats sent straight to your hotel room.

6209-6029

[www.sherpa.com.cn](http://www.sherpa.com.cn)

# Drinking Options

## Logo

For those who are into good alternative music. This place offers a rather cozy venue where you can mix and mingle with both local and expat creative types.  
13 Xingfu Lu, near Fahuazhen Lu  
幸福路 13 号近法华镇路  
6281-5646

## The Shelter

A former bomb shelter turned into an underground club, literally. This place serves up reasonably priced drinks and has funky drum and bass/techno music.  
5 Yongfu Lu, near Fuxing Lu  
永福路 5 号近复兴路  
6437-0400

## Windows Scoreboard

Pool, foosball, darts and sports on the TV make not a night out. However, add in a good unpretentious crowd, and 10RMB drinks, and the next time we see you is probably going to be in St Petersburg.  
(Location TBA)

## The Eager Beaver

Unpretentious and can be downright fun. This place has foosball, sports channels on the telly, a good selection of cheapish bottled beers and bar-top dancing.

28 Yueyang Lu, near Dongping Lu  
岳阳路 28 号近东平路  
6474-3216

## The Blarney Stone

The only place where you can find a perfect pint of the black stuff. Great pub food, live music, staff who know what they're doing. Live in Shanghai and you'll be a regular.  
Rm.A, 5 Dongping Lu, near Yueyang Lu  
东平路 5 号 A 座近岳阳路  
6415-7496

## Kaiba

Fantastic little bar with low-key atmosphere offers up some of the best beer in town. Sample over 50 different brews from Belgium. Great place to start the night.  
528 Kangding Lu, near Xikang Lu  
康定路 528 号近西康路  
6280-5688

## The Velvet Lounge

Do not miss this place. Excellent sound track, strong drinks, and some of the best pizzas in town make for a good evening. Chatty, beautiful people make it perfect.  
1/F, Bldg 3-4, 913 Julu Lu, near Changshu Lu  
巨鹿路 913 号 3-4 号楼 1 楼近常熟路  
5403-2976

## Bar Rouge

Sweeping views of both the Bund and the Pudong skyline are not the only reasons people party at this place 'til sunrise. It's something you will have to experience yourself.  
7/F, 18 Zhongshan Dong Yi Lu, The Bund  
中山东一路 18 号外滩 18 号 7 楼  
6339-1199

## Mesa/Manifesto

Great place to hang out for drinks and dancing. Has a patio and outdoor seating. Music from the 80's and 90's go great with well-dressed but unpretentious crowd.  
748 Julu Lu, near Fumin Lu  
巨鹿路 748 号近富民路  
6289-9108

## Barbarossa

Amazing digs, fantastic ambiance, stiff drinks. Oh and they've got shisha pipes. The only thing to make this place better is a moat. Oh, wait, they have that as well!  
inside People's Park, 231 Nanjing Xi Lu, near Huangpi Nan Lu (just outside the hotel)  
南京西路 231 号人民公园内近黄陂南路  
6318-0220

# Things To Do

## **The Fenshine Fashion and Accessories Plaza**

A complete set of knock-off Taylor golf clubs, with bag, for a 1000RMB? You betcha! This 3 story shopping center has just about everything you need for fashion and clothing - and a lot of other things you don't need. Most of the items sold here are fakes, but good quality fakes. Shoes, shirts, jeans, bags, Rosetta Stone Language Packs, and yes, golf clubs – they're all here for the taking. Ready yourself for some intense bargaining, and if need be, do the walk-away strategy. It works!

General Haggling Price List:

Men's and Women's Shirts – 50 to 100RMB

Men's and Woman's Jeans – 80 to 120RMB

Handbags – 80 to 150RMB

Sportsbags and Suitcases – 100 to 200RMB

T-Shirts – 30 to 50RMB

Ties – 10 to 20RMB

Socks and Underwear – 5 to 10RMB, buy in bulk to get a discount

580 Nanjing Xi Lu, by Chengdu Highway, in front of the 555 Building.

Out the hotel, turn left on Nanjing Lu and walk towards the elevated highway. Cross the highway, you're there.

## **Fake Books**

Notice that on the streets of Shanghai, a lot of people will be hawking fake watches. Don't even bother! Invest in something that will feed your mind and not break down after a day. Your favorite titles are available for as low as 10RMB a copy. And, the best part is, they deliver.

Hawkers move around on bikes, but can usually be found along Huai Hai Lu by Xiang Yang Lu, or Nanjing Lu, by Mao Ming Lu.

## **Fake DVDs**

Fake DVDs are available everywhere, but if you're going to buy fake DVDs, you should get them from a "reputable" dealer, someone who's got a good selection, guaranteed quality, a knowledgeable staff, and a return policy.

DVD prices range from 5 to 10RMB. Music CDs go for 5 to 20RMB. Get a box set of your favorite TV show, and a DVD case, in case your country discourages and actively fines the importation of these illegally produced copies. No box, no cover, no receipt, no evidence that you "knew" you were buying fakes.

As far as market segmentation goes, this has got to take the cake. On Dagu Lu, by Chengdu Highway, there's a row of rather high-end shops that sell fake DVDs. On one side of the road is a shop named "Movie World", and opposite it is another shop called "Even Better than Movie World."

Both shops are owned by the same person.

### **Electronics and Fake Software**

Electronics, gadgets and gizmos are cheap and plenty in Shanghai. Prices for big-name products might not be the cheapest, but look hard enough, and bargain long enough and might get a bargain compared to what you could get overseas. Do a little window shopping where you're from, note down some prices and just walk up to 2 or 3 vendors and have them outbid each other for the lowest price possible.

If you're not all too attached to buying branded goods, then there are a number of local suppliers who can provide equal or better value if you know what you're buying. Camera lenses, dependable memory cards and USB sticks, local MP3 players, digital photo frames are all available for less than you would expect. Again, know your target prices first.

Two of the top places to get electronics are the Cyber Electronics Market (on Huai Hai Lu, close to Times Square) and the Metro City Plaza (just on the big intersection of Xujiahui, with all the other shopping malls, on Line 1 Xujiahui Station).

Tip:

Do an all-in-one shopping spree and head down to the Shanghai Science and Technology Museum. They have an extensive underground shopping complex with both unbranded and fake products, as well as DVD shops that sell pirated software, and a number of fake book vendors.

A closer option would be the People's Square underground shopping complex. It's much bigger and more accessible than the one at the SciTech museum, but then again, there are also more people.

### **Chinese Massage and TCM Therapy**

Traditional Chinese Medicine (TCM) isn't exactly for everybody. After all, who wants to be eaten alive by fish, be pierced by needles or have burning pieces of vegetation spread across their body? But while you're here anyway, you might want to check out some of the local TCM spots and try something new.

A good place to start would probably be the Klinoerth Therapy Clinic (500 South Xiang Yang Lu). It's a comprehensive TCM clinic with English speaking staff. A bit pricey, but at least you know sort of wacky operation they're going to do on your body. Try out the cupping procedure, come out feeling fresh and have your qi re-aligned.

For a dash of the aforementioned process of having fish eat you alive, try the Shanghai Orient Rome Bathhouse (1420 Jiangning Lu, near Suzhou Creek, reservations at 6660 0666). It's not as bad as it sounds. Having a fleet of small doctor-fish nip at the dead skin on your feet, hands and shoulders might leave you a bit ticklish, but could also be, strangely, very sensual.

If you just want a nice, proper massage, there are a number of reputable establishments in and around the hotel. You can try the local Dragonfly – it's a chain of massage therapy centers that also do on-site

servicing. Perfect for tired MBA students who just want to unwind and the end of a long day. Check them out at <http://www.dragonfly.net.cn>. They're not as dodgy as it sounds, honest!

For a cheaper massage option, you can also try Sugar and Spice, at 193 Jiaozhou Lu.

### **Karaoke**

The Asian sensation that's sure to break you out of any further inhibition against public humiliation – this is probably one of the best ways to know your Chinese boss or work colleague, and perhaps your new MBA team members. A good number of KTV bars around town, and most of them are chains. Some of the better ones are Party World/Cashbox and Holiday KTV.

This would be the perfect way to end a Culture Dash, by tearing apart any semblance of self-respect in front of your peers. Ask the concierge for information while you plan your CCL walk.

### **Zoo**

The Shanghai Zoo (上海动物园) - because you'll probably never have another opportunity to see a panda in your life ever again. 2381 Hongqiao Lu, near Hongxu Lu.

## Name and Address of JW Marriot in Chinese

我想去:

上海明天广场 – 万豪酒店  
南京西路 399 号

I want to go to:

JW Marriott Hotel Shanghai at Tomorrow Square  
399 Nan Jing West Road  
Phone: 86 21 53594969

## Shanghai Public Transport Card

If you have the time to head down to People's Square Metro (approx 20 mins), you can grab yourself a Public Transport Card. At the ticket counter, pay 20RMB for the card deposit and charge up as much as you want. Avoid having to carry so much cash in your pocket when traveling at night.

The card can be used for the subway, taxis, buses and ferries across the HuangPu River. Although you're probably not going to have to use that last one.

It's fully refundable but can also serve as a good souvenir.

## Local SIM Card

Local SIM cards are cheap, and local call rates, though not low, are still quite good value for money. It's easy to get a SIM card – they can be purchased from a local re-seller or from China Mobile directly. If you purchase from a re-seller you might get your eyes gouged out, as they sell the luckier numbers (the ones with more 8s, or no 4s) at a mark up. China mobile sells them at 50RMB, with the same amount already pre-loaded. That should be more than enough to last you the whole residency. If you go to China Mobile however, you will need to bring your passport and wait in line. So, pros and cons.